

第1章 動詞編 15

- ① 行く、来る | come / go / get 16
- ② 持っていく | take / bring / carry / bear 21
- ③ 話す | talk / speak / tell / say / state / chat / chatter / babble / prattle 26
- ④ 取る、得る、獲得する | get / take / obtain / gain / acquire 31
- ⑤ させる | have / make / let / get 35
- ⑥^{…1} 見る | look / see / watch 40
- ⑥^{…2} 見る | glance / glare / stare / gaze 43
- ⑦ 聞く | hear / listen 44
- ⑧ 勉強する | study / learn / work 46
- ⑨ 会う | see / meet / come across / run into / encounter 49
- ⑩ 受け取る | accept / receive / take / catch / have 52
- ⑪ 選ぶ | pick / choose / select / elect / prefer 56
- ⑫ 引く | pull / draw / drag / tug / tow 59
- ⑬ 押す | push / press / shove / thrust / poke 63
- ⑭ 投げる | throw / cast / pitch / toss 67
- ⑮ 望む、欲する | want / wish / hope / desire 71

- ⑩⑥ 変わる、変える | change / alter / modify / adjust / reform / vary / shift / turn 75
- ⑩⑦ 閉じる | close / shut / slam / lock 81
- ⑩⑧ 分ける、分かれる | separate / split / share / divide 84
- ⑩⑨ 集める | gather / collect / raise / accumulate / assemble 88
- ⑩⑩^{…1} 壊す | break / tear / destroy / wreck / damage / demolish / ruin 91
- ⑩⑩^{…2} 壊す | burst / crush / smash / shatter / crack 96
- ⑩⑪ 落ちる、垂れる | fall / drop / drip / spill / leak / trickle 99
- ⑩⑫ 起こる | happen / occur / take place / break out 103
- ⑩⑬ 飲む、のむ | drink / have / slurp / take / swallow / gulp / guzzle / sip 107
- ⑩⑭ ~になる | become / get / grow / go / come / turn / fall 110
- ⑩⑮ 働く、動く | move / work / run 114
- ⑩⑯ 教える | tell / show / direct / guide / teach / instruct / educate / train / coach 117
- ⑩⑰ 噛む | bite / grind / crunch / chew / nibble / snap 123
- ⑩⑱ 寝る、眠る | sleep / go to bed / fall asleep / doze / take a nap / get to sleep 125
- ⑩⑲ 借りる | borrow / use / lease / rent / charter 129
- ⑩⑳ 取りかえる | change / exchange / swap / trade / switch / replace 132
- ⑩㉑ 上げる、持ち上げる | raise / lift / hoist / boost / pick up 135
- ⑩㉒ 振る | shake / nod / swing / wave 139

- ③③ 跳ぶ | jump / leap / spring / bounce / hop 142
- ③④ 追う | follow / run after / chase / track / trail / pursue / drive 145
- ③⑤ 送る | send / dispatch / deliver / transmit / ship / forward 149
- ③⑥ 回転する | turn / spin / roll / rotate / revolve / whirl / twirl 152
- ③⑦ 切る | cut / slash / slit / snip / clip / chop / slice 156
- ③⑧^{…1} たたく、打つ | hit / strike / beat 159
- ③⑧^{…2} たたく、打つ | tap / rap / bang / slap / clap / pat 162
- ③⑨ 見つける | find / discover / catch / detect 165
- ④① 説明する | explain / describe / illustrate / account for / demonstrate 168
- ④① 調べる | check / explore / examine / research / inspect / investigate / consult / look up/ survey 172
- ④② 議論する | argue / quarrel / discuss / debate / dispute 176
- ④③ 断る | refuse / reject / decline / turn down 179
- ④④ 要求する、求める | ask for / demand / require / request / claim 182
- ④⑤ 探す | look for / search for / search / seek 185
- ④⑥ 守る | protect / guard / defend / secure 188
- ④⑦ 持つ | have / possess / own / keep / hold 191
- ④⑧ 延期、中止する | put off / postpone / call off / cancel / delay / defer / adjourn / suspend 195
- ④⑨ 笑う | smile / grin / laugh / giggle / chuckle / guffaw 200
- ⑤① 案内する | show / guide / direct / lead / conduct 203

- ⑤1 つなげる、結合する | join / connect / link / unite / combine 206
- ⑤2 勝つ | win / beat / defeat 209
- ⑤3 許す | forgive / excuse / pardon / overlook / allow 211
- ⑤4 決める、決心する | decide / determine / settle /
make up one's mind / fix 214
- ⑤5 保存する、とっておく | preserve / reserve / conserve / save /
store / maintain 217
- ⑤6 置く | put / set / place / lay 222
- ⑤7 確認する | check / make sure / confirm / learn / identify / detect /
verify / double-check 225
- ⑤8 保つ、維持する | maintain / keep / hold / keep up / sustain /
retain 228
- ⑤9^{…1} 料理する | cook / make / prepare / fix 231
- ⑤9^{…2} 料理する | boil / steam / fry / bake / toast / roast / grill /
broil 233
- ⑥0 我慢する、耐える | bear / stand / withstand / endure /
put up with 236
- ⑥1 始める、始まる | start / begin
終わる、終わる | end / finish 239
- ⑥2 修理する | mend / repair / fix 246
- ⑥3 助ける | assist / help / save / rescue / support 249
- ⑥4 許す、許可する | allow / permit
禁止する | forbid / prohibit 252

第2章 形容詞・副詞編 257

- ⑥5 大きい | large / big / huge / enormous / vast / great 258
- ⑥6 小さい | little / small / compact / minute / tiny / fine 263
- ⑥7 高い | tall / high 268
- ⑥8 速い | fast / quick / rapid 272
- ⑥9 狭い | narrow / small / tight 275
- ⑦0 広い | wide / large / broad 277
- ⑦1 汚い | dirty / messy / filthy 281
- ⑦2 やせた | thin / slender / slim / skinny / lean 284
- ⑦3 恥ずかしい | ashamed / embarrassed / shy / shameful 288
- ⑦4 面白い | interesting / funny / amusing / exciting / entertaining / fun / enjoyable / humorous 291
- ⑦5 丁寧な、丁寧に | polite / civil / courteous / detailed / thorough / careful 296
- ⑦6 きれいな | clear / clean 300
- ⑦7 静かな、穏やかな | silent / quiet / still / calm / tranquil / serene 302
- ⑦8 かたい | hard / solid / stiff / firm / tough / rigid 307
- ⑦9 変な | strange / odd / peculiar / queer / eccentric / curious / quaint / unusual / funny 311
- ⑧0 厳しい | severe / strict / tight / rigid / rigorous / harsh 316
- ⑧1 本物の | genuine / authentic / real / true 320

- ⑧2 適切な、適当な | fit / suitable / proper / appropriate / right / good 324
- ⑧3 複雑な | complicated / complex / mixed 329
- ⑧4 簡単な、単純な | simple / easy / effortless / plain 332
- ⑧5 明らかな | clear / plain / evident / apparent / manifest / obvious 335
- ⑧6 強い | strong / stout / sturdy / tough / robust / intense / powerful 340
- ⑧7 普通の | common / usual / ordinary / regular / normal / typical 344
- ⑧8 十分な | enough / sufficient / adequate / ample / satisfactory 348
- ⑧9 早い | soon / early 351
- ⑨0 ほとんど、約 | almost / nearly / about / around / approximately 354
- ⑨1 たぶん | perhaps / maybe / possible / probably 359
- ⑨2 確かに | sure / certainly / definitely 362

第3章 名詞 365

- ⑨3 女性 | lady / woman / girl / female 366
- ⑨4 道 | street / avenue / road / way / path / lane / course 368
- ⑨5 旅 | travel / trip / journey / voyage / tour / excursion 373
- ⑨6 客 | guest / customer / visitor / client 377

- ⑨7 値段、価格、料金 | price / cost / expense / charge / fee / fare / toll / rate **381**
- ⑨8 問題 | question / problem / issue / affair / matter **385**
- ⑨9 誤り | mistake / error / fault / typo **389**
- ⑩0 練習、訓練 | practice / exercise / drill / training **392**
- ⑩1 力 | force / power / energy / strength **396**
- ⑩2 争い | fight / quarrel / war / battle **400**
- ⑩3 答え | answer / reply / response **403**
- ⑩4 店 | shop / store **406**
- ⑩5 方法 | way / procedure / method / manner / means / recipe **408**
- ⑩6 制限 | limit / limitation / restriction / constraint **412**
- ⑩7 期間 | period / term / duration / season **416**
- ⑩8 影響 | effect / influence / impact **419**
- ⑩9 場所 | place / location / spot / site / area / position / zone / room **422**
- ⑪0 要素 | element / factor / component / constituent / ingredient **426**
- ⑪1 感情 | feeling / emotion / passion / sentiment **429**
- ⑪2 運 | chance / luck / fortune **431**
- ⑪3 心 | heart / mind / soul / spirit **433**
- ⑪4 国 | country / nation / state / land **435**
- ⑪5 心配 | worry / anxiety / care / concern / fear **438**
- ⑪6 趣味 | hobby / pastime / interest / diversion **441**

- ①17 病氣 | illness / sickness / disease **444**
- ①18 中心 | center / middle / heart / core / focus **447**
- ①19 出来事 | occurrence / happening / event / incident /
accident **451**
- ①20 恐怖 | fear / terror / horror / fright / dread **454**
- ①21 会社 | company / office / firm / corporation **457**
- ①22 習慣 | habit / custom / practice / rule **460**
- ①23 喜び | pleasure / delight / joy **463**
- ①24 道具 | tool / appliance / instrument / implement / device / gadget /
kit **465**
- ①25 目的 | purpose / aim / object(ive) / goal / target / vision **468**
- ①26 仕事 | work / job / labor / task / duty / business / occupation /
career **471**
- ①27 地域 | area / region / district / zone **475**